



Menu Plan Densa Park – July 2023

Week 27	Week 28	Week 29	Week 30	Week 31
<p>Monday (01.07.24)</p> <p>Fagioli-Salat</p> <p>Rösti with vegetables</p>	<p>Monday (08.07.24)</p> <p>Tomato cream soup</p> <p>Melanzana with yoghurt</p>	<p>Monday (15.07.24)</p> <p>Carrot salad</p> <p>Gnocchi with Taleggio</p>	<p>Monday (22.07.24)</p> <p>Chickpea Salad</p> <p>Sambusas (Ethiopian Samosa)</p>	<p>Monday (29.07.24)</p> <p>Pasta salad</p> <p>Spinach tart</p>
<p>Tuesday (02.07.24)</p> <p>Carrot salad</p> <p>Pizza with vegetables</p>	<p>Tuesday (09.07.24)</p> <p>Mixed lettuce</p> <p>Ethiopian Minchet (spicy beef minced meat stew)</p>	<p>Tuesday (16.07.24)</p> <p>Tabbouleh with vegetables</p> <p>Spinat a la formentina</p>	<p>Tuesday (23.07.24)</p> <p>Cheese Salad</p> <p>Bulgur with merguez and vegetable sticks</p>	<p>Tuesday (30.07.24)</p> <p>Artichoke salad</p> <p>Chicken-Currywurst mit French Fries</p>
<p>Wednesday (03.07.24)</p> <p>Travelers</p> <p>Oven vegetables with potatoes</p>	<p>Wednesday (10.07.24)</p> <p>Tomato and Mozzarella salad</p> <p>Vegetable Strudel</p>	<p>Wednesday (17.07.24)</p> <p>Zucchini soup</p> <p>Casserole Parmentier</p>	<p>Wednesday (24.07.24)</p> <p>Bellpepper salad with Feta</p> <p>Couscous with vegetables and raisin</p>	<p>Wednesday (31.07.24)</p> <p>Celery-Salat</p> <p>Kik Aliche (lentil and barley risotto)</p>
<p>Thursday (04.07.24)</p> <p>Tomato and peach salad with burrata</p> <p>"Casalinga" Ravioli</p>	<p>Thursday (11.07.24)</p> <p>Beetroot salad</p> <p>Falafel on summer vegetables</p>	<p>Thursday (18.07.24)</p> <p>Salad of boiled vegetables</p> <p>Misir Wat (Lentil Casserole)</p>	<p>Thursday (25.07.24)</p> <p>Asparagus Salad</p> <p>Tortillas with vegetables and salad</p>	<p>Thursday (01.08.24)</p> <p style="text-align: center;">*</p>
<p>Friday (05.07.24)</p> <p>Cucumbers with cream cheese</p> <p>Penne Napoli</p>	<p>Friday (12.07.24)</p> <p>Lettuce with apple</p> <p>Salmon gratin with zucchini</p>	<p>Friday (19.07.24)</p> <p>Melon salad with pomegranate</p> <p>Saffron risotto with vegetables</p>	<p>Friday (26.07.24)</p> <p>Fish gratin with potatoes</p> <p>Watermelon</p>	<p>Friday (02.08.24)</p> <p style="text-align: center;">*</p>

Specialties according to the pedagogical theme of the month: Ethiopia

