



## Menu Plan Bruderholz – August 2024

Week 31	Week 32	Week 33	Week 34	Week 35
Monday (29.07.24)	Monday (05.08.24)	Monday (12.08.24)	Monday (19.08.24)	Monday (26.08.24)
	Tomato and avocado salad.	Mechousia salad.	Greek salad.	Mediterranean chickpeas salad.
	Veggie Stroganoff with pappardelle.	Whole wheat pasta Cinque P.	Hornli minced meat with applesauce.	Braised cauliflower with tofu and oregano potatoes
Tuesday (30.07.24)	Tuesday (06.08.24)	Tuesday (13.08.24)	Tuesday (20.08.24)	Tuesday (27.08.24)
	Mixed green salad.	Caprese salad.	Pineapple salad and cucumber.	Veggie Caesar salad.
	Veal sausages with onion sauce, mashed potatoes and vegetables.	Italian stuffed bell peppers.	Baked Mahi Mahi with garlic lemon sauce, basmati rice and vegetables.	Whole wheat pasta with veggie meatballs.
Wednesday (31.07.24)	Wednesday (07.08.24)	Wednesday (14.08.24)	Wednesday (21.08.24)	Wednesday (28.08.24)
	Cobb salad.	Watermelon and feta	Eggs and cheese salad.	Tropical fruit salad.
	Southern baked Macaroni and Cheese.	salad. Falafel with yogurt sauce, sweet potatoes and vegetables.	Fasolakia, green beans casserole with couscous and feta cheese.	Fijian chicken curry with basmati rice and grilled vegetables.
Thursday (01.08.24)	Thursday (08.08.24)	Thursday (15.08.24)	Thursday (22.08.24)	Thursday (29.08.24)
	Corn salad.	Green salad with croutons.	Tomato and cucumber	Tabbouleh salad.
Swiss National Day	Curry Fish Suruwa with rice and steamed vegetables.	Chicken Riz Casimir.	salad. Veggie Loco Moco with rice noodles and summer veggies.	Stuffed eggplant with soya chunks and bulgur.
Friday (02.08.24)	Friday (09.08.24)	Friday (16.08.24)	Friday (23.08.24)	Friday (30.08.24)
Fresh green salad.	Cucumber salad.	Pita bread and olive dip.	Chopped vegetables salad.	Marinated Feta and peacl
American Hot Dogs with tomato, crispy onion and cornichons.	Rosti with fried eggs and vegetables.	Ratatouille with lentils.	Toast Hawaii with potato wedges.	Tortilla rolls with scrambled eggs, cheese

Specialties according to the pedagogical theme of the month: Fiji Island.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb and pork: CH; Beef