



Menu Plan Bruderholz – November 2024

Week 44	Week 45	Week 46	Week 47	Week 48
Monday (28.10.24)	Monday (04.11.24) Fresh green salad. Baked salmon with garlicky potatoes, vegetables, and lemon sauce.	Monday (11.11.24) Swedish peas soup. Eblysoto with soya chunks, vegetables and cherry tomatoes.	Monday (18.11.24) Red lentil soup. Vegetarian biryani, mixed aromatic rice dish.	Monday (25.11.24) Mediterranean white bean salad. Creamy pumpkin pasta with tofu.
Tuesday (29.10.24)	Tuesday (05.11.24) Sweet corn soup. Chana masala, savory Indian chickpeas with basmati rice.	Tuesday (12.11.24) Eggs and corn salad. Whole wheat pasta and roasted broccoli creamy sauce with tofu.	Tuesday (19.11.24) Leeks and potato soup. Farfalle Bolognese.	Tuesday (26.11.24) Fresh green salad with eggs, cheese and croutons. Vegetarian ragout with mashed potatoes and vegetables.
Wednesday (30.10.24)	Wednesday (06.11.24) Greek salad. Grilled halloumi cheese with orzo pasta and lemon sauce.	Wednesday (13.11.24) Swiss cheese and berries salad. Vegetarian Shepherd's Pie.	Wednesday (20.11.24) Roasted broccoli salad with cranberry and feta. Sweet potato curry, with Asian vegetables and quinoa bulgur.	Wednesday (27.11.24) Turmeric cauliflower soup. Chicken Makhani, buttered Indian chicken with basmati rice and vegetables.
Thursday (31.10.24)	Thursday (07.11.24) Creamy vegetable soup. Stuffed zucchini with minced meat and curry sauce.	Thursday (14.11.24) Celery soup Falafel with Potatoes, Gratin and vegetables.	Thursday (21.11.24) Swiss mixed salad. Mac n Cheese.	Thursday (28.11.24) Minestrone soup. Whole wheat penne Amatriciana.
Friday (01.11.24) Creamy potato and vegetable soup. Vegetarian pan fajitas roles.	Friday (08.11.24) Roasted parsnip soup. Cheeseburgers with sweet potato fries.	Friday (15.11.24) Carrot ginger soup. Oven baked Tandoori chicken with rice and vegetables.	Friday (22.11.24) Winter vegetable soup. Rosti with sunny side up eggs, roasted vegetables and Swiss cheese.	Friday (29.11.24) Aurora soup. Fish and chips.



Specialties according to the pedagogical theme of the month: India.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb and pork: CH; Beef