



Menu Plan Densa Park – February 2023

Week 01	Week 02	Week 03	Week 04	Week 05
Monday (30.12.24) <p style="text-align: center;">*</p>	Monday (06.01.25) Bouillon with egg Chickpea ragout with paneer and boiled potatoes	Monday (13.01.25) Lettuce Asian noodles with vegetables	Monday (20.01.25) Bean salad Pumpkin tortellini	Monday (27.01.25) Beetroot salad Vegetable cakes with salad
Tuesday (31.12.24) <p style="text-align: center;">*</p>	Tuesday (07.01.25) <i>Fennel salad</i> <i>"Fotzelschnitte and bird hay"</i>	Tuesday (14.01.25) Celery salad Lasagne a la Bolognese	Tuesday (21.01.25) Risonisalat Vegetable Tortillas	Tuesday (28.01.25) Lentil salad Spätzli with vegetables
Wednesday (01.01.25) <p style="text-align: center;">*</p>	Wednesday (08.02.25) Carrot salad Meatballs with vegetable rice	Wednesday (15.01.25) <i>Chicory salad</i> <i>Bernese Rösti</i>	Wednesday (22.01.25) Mixed salad Pizza con verdura	Wednesday (29.01.25) Lettuce Beef ragout with mashed potatoes
Thursday (02.01.25) Lettuce Spaghetti with tomato sauce	Thursday (09.01.25) Pumpkin cream soup Polenta with roasted vegetables	Thursday (16.01.25) Bulgur salad Mushroom ragout in puff pastry	Thursday (23.01.25) Broccoli salad Chicken wings with French fries	Thursday (30.01.25) <i>Cauliflower soup</i> <i>Chicken Zurich-style with rösti</i>
Friday (03.01.25) Oven vegetables with dip Fruit salad	Friday (10.01.25) Humus Crostino Fish crisps with spinach and potatoes	Friday (17.01.25) Avocado salad Gnocchi a la Romana	Friday (24.01.25) <i>Bündner Barleysoup</i> <i>Polenta la Ticinese</i>	Friday (31.01.25) Cabbage salad Spinach tart with goat cheese

Specialties according to the pedagogical theme of the month: Switzerland

