



Menu Plan Bruderholz – February 2025

Week 06

Monday (03.02.25)

Italian chopped salad.
Tempeh and vegetables
vol au vent with rice
noodles.

Week 07

Monday (10.02.25)

Thai carrot soup.
Curry sweet potato and
chickpeas, with Asian
vegetables and basmati
rice.

Week 08

Monday (17.02.25)

Mediterranean couscous
salad.
Fish a la bordelaise with
thyme potatoes and
vegetables.

Week 09

Monday (24.02.25)

Mixed green salad.
Whole wheat pasta penne
with tomato sauce veggie
meatballs.

Week 10

Monday (03.03.25)

Tuesday (04.02.25)

Fresh green salad with
corn and beetroot.
Chicken gyros with pita
bread, French fries and
tzatziki.

Tuesday (11.02.25)

Cauliflower and
pomegranate salad.
Vegetarian Stroganoff
with mashed potatoes
and seasonal vegetables.

Tuesday (18.02.25)

Lentils soup.
Stuffed bell peppers with
bulgur, soja and curry
bechamel.

Tuesday (25.02.25)

Dried figs and goat cheese
salad.
Sweet and sour tofu with
vegetables and basmati
rice.

Tuesday (04.03.25)

Wednesday (05.02.25)

Tofu, avocado and cherry
tomato salad.
Pasta Pesto.

Wednesday (12.02.25)

Fresh green salad.
Arbeiter Cordon- Bleu
with spaetzle and
vegetables.

Wednesday (19.02.25)

**Tomato and mozzarella
salad.**
**Steak San Marino with
polenta and vegetables.**

Wednesday (26.02.25)

**Ricotta and sweet corn
salad.**
**Tagliatelle lentils
Bolognese.**

Wednesday (05.03.25)

Thursday (06.02.25)

Cucumber salad.
Veggie Chicken Tikka
Masala with jasmine rice
and broccoli.

Thursday (13.02.25)

Aurora soup.
Nidi di Rondine.
Lasagna di San Marino.

Thursday (20.02.25)

Broccoli salad.
Ratatouille with Soyana
dinky and herbed rice.

Thursday (27.02.25)

Chopped cabbage salad.
Asian chicken skewers with
quinoa bulgur and
vegetables.

Thursday (06.03.25)

Friday (07.02.25)

**Sammarinese bean
soup.**
Nonna's piadina.

Friday (14.02.25)

Winter rainbow salad.
Jambalaya, savory fried
rice.

Friday (21.02.25)

Creamy vegetable soup.
Tortilla with cheese,
scrambled egg and
avocado.

Friday (28.02.25)

Homemade focaccia with
cherry tomatoes.
Las Vegas omelet with
vegetables, cream cheese
and country potatoes.

Friday (07.03.25)

Specialties according to the pedagogical theme of the month: San Marino.

