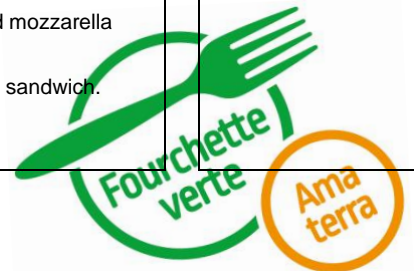




Menu Plan Bruderholz – March 2025

Week 10	Week 11	Week 12	Week 13	Week 14
<p>Monday (03.03.25)</p> <p>Roasted vegetable salad.</p> <p>Veggie Loco Moco with rice noodles and vegetables.</p>	<p>Monday (10.03.25)</p> <p>Fresh green salad with croutons.</p> <p>Whole wheat pasta Bolognese.</p>	<p>Monday (17.03.25)</p> <p>Medi chickpea salad.</p> <p>Vegetarian soja ragout with mushroom and creamy sauce, served with finger noodles.</p>	<p>Monday (24.03.25)</p> <p>Carrot ginger soup.</p> <p>Oven baked Tandoori chicken with garlicky potatoes and vegetables.</p>	<p>Monday (31.03.25)</p> <p>Greek salad.</p> <p>Grilled halloumi cheese with kritharaki pasta and lemon sauce.</p>
<p>Tuesday (04.03.25)</p> <p>Fresh green salad with eggs and Swiss cheese.</p> <p>Whole wheat pasta Cinque Pi.</p>	<p>Tuesday (11.03.25)</p> <p>Creamy carrot soup.</p> <p>Garlicky sesame tofu with jasmine rice and vegetables.</p>	<p>Tuesday (18.03.25)</p> <p>Mango salad.</p> <p>Beef Picadillo with rice and vegetables.</p>	<p>Tuesday (25.03.25)</p> <p>Brazilian Cobb salad.</p> <p>Coconut shrimp stew with basmati rice.</p>	<p>Tuesday (01.04.25)</p>
<p>Wednesday (05.03.25)</p> <p>Rocket avocado salad.</p> <p>Feijoada, meat and beans stew with rice and broccoli.</p>	<p>Wednesday (12.03.25)</p> <p>Mixed green salad.</p> <p>Vegetarian Shepherd's pie.</p>	<p>Wednesday (19.03.25)</p> <p>Chunky vegetable and Quorn salad.</p> <p>Alpine macaroni with applesauce.</p>	<p>Wednesday (26.03.25)</p> <p>Broccoli salad.</p> <p>Vegetarian meatball with gnocchi, vegetables and creamy lemon sauce.</p>	<p>Wednesday (02.04.25)</p>
<p>Thursday (06.03.25)</p> <p>Tomato soup.</p> <p>Garlicky lemon tilapia fish with mashed potatoes and vegetables.</p>	<p>Thursday (13.03.25)</p> <p>Hearts of Palm salad.</p> <p>Brazilian chicken drums with oven baked potatoes and vegetables.</p>	<p>Thursday (20.03.25)</p> <p>Mushroom soup.</p> <p>Eblysoto with soya chunks, vegetables and cherry tomatoes.</p>	<p>Thursday (27.03.25)</p> <p>Vegetarian Caesars salad.</p> <p>Oven baked pasta with vegetable and tomato sauce.</p>	<p>Thursday (03.04.25)</p>
<p>Friday (07.03.25)</p> <p>Fresh green salad.</p> <p>American hot dogs.</p>	<p>Friday (14.03.25)</p> <p>Rainbow salad.</p> <p>Egg and cheese on a bagel.</p>	<p>Friday (21.03.25)</p> <p>Yellow lentils and olives salad.</p> <p>Pinsa Romana.</p>	<p>Friday (28.03.25)</p> <p>Tomato and mozzarella salad.</p> <p>Turkey club sandwich.</p>	<p>Friday (04.04.25)</p>



Specialties according to the pedagogical theme of the month: Brazil.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb and pork: CH; Beef