



Menu Plan Densa Park – May 2025

Week 18	Week 19	Week 20	Week 21	Week 22
<p>Monday (28.04.25)</p> <p style="text-align: center;">*</p>	<p>Monday (05.05.25)</p> <p>Potato and vegetable casserole on a light cheese béchamel</p> <p>Fruit salad with apples and berries</p>	<p>Monday (12.05.25)</p> <p>Egg salad with chives</p> <p>Fennel zucchini gratin with mozzarella on polenta base</p>	<p>Monday (19.05.25)</p> <p>Chicory salad with apples and tuna garnish</p> <p>Couscous with zucchini, carrots and chickpeas</p>	<p>Monday (26.05.25)</p> <p><i>Tempura vegetables with basmati rice and egg</i></p> <p><i>Watermelon slices and cucumber sticks</i></p>
<p>Tuesday (29.04.25)</p> <p style="text-align: center;">*</p>	<p>Tuesday (06.05.25)</p> <p><i>Steamed vegetable spring salad</i></p> <p><i>Ranene with wheat noodles, tofu and Asian vegetable mix</i></p>	<p>Tuesday (13.05.25)</p> <p>Raw vegetable salad</p> <p>Spanish tortilla with potatoes and tomatoes on lettuce</p>	<p>Tuesday (20.05.25)</p> <p>Melon salad with peppermint</p> <p>Veal meatballs in brown sauce with brown rice and cauliflower</p>	<p>Tuesday (27.05.25)</p> <p>Fennel salad with apple sticks</p> <p>Shakshuka-Bowl with spelt bread</p>
<p>Wednesday (30.04.25)</p> <p style="text-align: center;">*</p>	<p>Wednesday (07.05.25)</p> <p>Lentil salad with spring onions</p> <p>Vegetable puff pastry pâté with Gruyère</p>	<p>Wednesday (14.05.25)</p> <p><i>Cucumber salad</i></p> <p><i>Katsudon with tofu, seasonal vegetables and fried brown rice</i></p>	<p>Wednesday (21.05.25)</p> <p>Artichoke salad with light yogurt dressing</p> <p>Wholemeal pasta galette with raw vegetables and cottage cheese dip</p>	<p>Wednesday (28.05.25)</p> <p>Chickpea salad with cucumber</p> <p>Fresh egg spaetzli with asparagus and grated cheese</p>
<p>Thursday (01.05.25)</p> <p>Bank holiday</p> <p>ylaa closed</p>	<p>Thursday (08.05.25)</p> <p>Romanesco broccoli salad</p> <p>Polenta with tomato and vegetable sauce refined with quinoa</p>	<p>Thursday (15.05.25)</p> <p>Green bean salad with radishes</p> <p>Homemade cream cheese naan with chicken and oven vegetables</p>	<p>Thursday (22.05.25)</p> <p>Beetroot salad with apple pieces</p> <p>Pizza rösti with raclette cheese on a bed of spinach</p>	<p>Thursday (29.05.25)</p> <p>Celery Salad</p> <p>Leek tomato tart with wholemeal base</p>
<p>Friday (02.05.25)</p> <p><i>Tomato salad with basil</i></p> <p><i>Yakitori skewers with Asia noodles and Asian vegetable mix</i></p>	<p>Friday (09.05.25)</p> <p>Tomato soup with basil</p> <p>Zucchini and potato cakes with herb curd cheese</p>	<p>Friday (16.05.25)</p> <p>Feta salad with tomatoes and arugula</p> <p>Barley risotto with fresh salmon and broccoli</p>	<p>Friday (23.05.25)</p> <p><i>Mung sprout salad</i></p> <p><i>Buckwheat soba with broccoli, tofu and sesame soy sauce</i></p>	<p>Friday (30.05.25)</p> <p>Crostini with diced tomatoes</p> <p>Pearl wheat risotto with capers, tomatoes and tuna</p>



Specialties according to the pedagogical theme of the month: Japan